

Colby Sandoval Srsic, PhD
633 High Street
Worthington, Ohio 43085
614-440-3592

AGREEMENTS AND POLICIES CONCERNING THERAPY WITH COUPLES
This Form Supplements the Office Policies and Informed Consent and the Notice of Privacy Practices Forms

When working with you, it is expressly understood that my client is both your relationship and each of you as individuals. In order to maintain fidelity to both of you and to your relationship, there are important agreements for us to make. The following items refer to you, the clients, and me, Dr. Colby Sandoval Srsic.

1. *Any information conveyed to me by either of you may be shared by me with the other member of the couple.* At times, there arise instances where one partner in a couple wants to tell me something without the other knowing about it. Please do not expect me to keep secrets where doing so jeopardizes the therapeutic work, my relationship with either of you, or your relationship. Please be aware that information you choose to share with me that is particularly pertinent to both of you may come out in therapy. This pertains to all verbal, written, and phone conversations and messages.
2. If I meet with one or both of you in individual sessions, we will likely share the contents of that meeting with the partner at the next couple's session.
3. *All information revealed to me by each of you shall be considered strictly confidential and I will not reveal it to any third party without the mutual consent of both participants,* except as described in the Notice of Privacy Practices form. Furthermore, I strongly discourage each of you from subpoenaing me or my records for testimony or production. This further supports my fidelity to both of you and to your relationship and discourages my taking either side in legal disputes.
4. The continued participation by each person is voluntary. Either participant may suspend or terminate the therapy at her or his individual request.
5. The couple's therapy that is offered by Colby Sandoval Srsic, PhD. is based on the Emotionally-Focused Couple Therapy theoretical approach. A substantial body of research outlining the effectiveness of EFT now exists, and if you would like to learn more about it, you can access articles and more information on the EFT website at www.iceeft.com. Initially, we will plan to meet for 15-20 sessions. If at any point during this time the counselor and/or the couple feels that EFT is not a good fit and/or is no longer of benefit for the couple, termination of the counseling relationship can occur. However, at the 15-20 session mark, we will evaluate the benefits of our work together and decide whether or not to proceed. By signing this consent, you are agreeing to the theoretical approach that will be utilized.

I HAVE READ THE ABOVE AND UNDERSTAND AND AGREE TO ABIDE BY THESE POLICIES.

Client printed name _____

Signature _____ Date _____

Client printed name _____

Signature _____ Date _____