

CLIENT INFORMATION FORM

Date _____

Please Print

Name _____ DOB _____ Age _____

Sex: M F Transgendered Sexual Orientation: _____

Address _____ City _____ Zip _____

May I Send Mail to the Above Address? Yes _____ No _____

Phone Numbers: Home _____ Work _____ Cell _____

May I Contact You and Leave a Message: At Home _____ Work _____ Cell _____

May I Contact You Through Email? _____ If yes, what is your email address _____

Emergency Contact:

Name _____ Home # _____ Cell # _____

Please sign below giving me permission to contact the above individual in the event of an emergency:

Signature of patient/guardian _____ Date _____

Partner Status: Please circle (Divorced, Married, Partnered, Separated, Single, Widowed)

If Applicable: Partner's Name _____ Partner's Age _____

Partner's Occupation _____ Partner's Employer _____

Do you have children? _____ If so, list their names and ages: _____

Your Occupation _____ Employer _____ Family Income _____

Job Category:

_____ Executive _____ Professional _____ Technical _____ Student

_____ Manager/Supervisor _____ Office/Clerical _____ Labor _____ Other

Employment Status:

_____ Full Time _____ Casual _____ Unemployed

_____ Part Time _____ Retired _____ Student _____ Stay at Home Parent

(Over)

Highest Year of Education:

- | | |
|--------------------------------|-------------------------------------|
| _____ Elementary K-6 | _____ Some College/Technical School |
| _____ Junior High 7-9 | _____ Bachelors Degree |
| _____ High School 10-12 | _____ Masters Degree |
| _____ High School Graduate/GED | _____ Ph.D./M.D./J.D. |

Race/Ethnicity _____ Who Referred You? _____

May I contact this person to simply thank them for the referral? _____

Primary Physician _____ Phone Number of Physician _____

When did you last consult a physician? _____ Why? _____

Approximately last time you had blood work? _____ Was your thyroid checked? _____

Are you currently taking any medication? _____ If yes, please list medications (name and dosage) and the reason for taking them: _____

What is your current height? _____ What is your current weight? _____

Do you have any current health problems? If yes, please list any relevant dates: _____

List previous surgeries: _____

Please check if you or anyone in your family has any of the following:

	You	Family		You	Family
Alcoholism	_____	_____	Seizures	_____	_____
Arthritis	_____	_____	Eating Dis.	_____	_____
Cancer	_____	_____	Sexual Abuse	_____	_____
Cirrhosis of Liver	_____	_____	Physical Abuse	_____	_____
Diabetes	_____	_____	Phy. Disability	_____	_____
Drug Abuse	_____	_____	Dev. Disability	_____	_____
Hepatitis	_____	_____	Heart Disease	_____	_____
High Blood Press.	_____	_____	Blood Disorder	_____	_____
Mult. Sclerosis	_____	_____	Asthma	_____	_____

How would you rate your present health? Excellent ____ Good ____ Fair ____ Poor ____

Do you have difficulty sleeping? _____ If yes, describe. _____

Are you a smoker? Past _____ Present _____

Do you exercise regularly? _____ If yes how frequently? _____

Sexual functioning: Adequate ____ Inadequate/Impaired _____

Have you ever received prior counseling? _____ If yes when, with whom, and for how long?

Was it inpatient or outpatient? _____

What issues were you working on in prior counseling? _____

Why have you sought counseling at this time? _____

When did these particular problems begin? _____

What have you done to try to solve them? _____

Where do you get support? _____

What strengths do you have? _____

Have you ever had suicidal thoughts? Yes ____ No ____ If yes, when? _____

Are you currently having any suicidal thoughts? _____ If yes please describe. _____

How often do you drink alcohol? _____ How much do you drink when you do drink? _____

Other than alcohol, what substances have you ever used in the past? Please specify the frequency.

Other than alcohol, what substances do you currently use at present? Please specify frequency.

How many caffeinated beverages do you have per day? _____

Have you ever been treated for chemical dependency/substance abuse? _____

If yes, where, when, for how long? _____

Does your family or friends think you have a problem with substance abuse now? _____

Do you affiliate with a particular religion? _____ If so, what is that religion? _____

(OVER)

Concerns (Circle "P" for Past Concerns and "C" for Current concerns; Circle both if applicable):

- | | | | | | |
|---------------------------|---|---|----------------------------|---|---|
| 1. Headaches | P | C | 32. Self-Injury/Cutting | P | C |
| 2. Muscle Tension | P | C | 33. Tremors/shaking | P | C |
| 3. Worry/Anxiety | P | C | 34. Postpartum Dep | P | C |
| 4. Visual Hallucinations | P | C | 35. Postpartum Anxiety | P | C |
| 5. Hearing Voices | P | C | 36. Increased Appetite | P | C |
| 6. Digestive Concerns | P | C | 37. Decreased Appetite | P | C |
| 7. Chronic Pain | P | C | 38. Racing Thoughts | P | C |
| 8. Fatigue | P | C | 39. Reduced need for Sleep | P | C |
| 9. Sexual Concerns | P | C | 40. Impulsivity | P | C |
| 10. Low libido | P | C | 41. Excessive Spending | P | C |
| 11. Insomnia | P | C | 42. Increased Risk Taking | P | C |
| 12. Sleeping too much | P | C | 43. Road Rage | P | C |
| 13. Excessive exercise | P | C | 44. Violent Behavior | P | C |
| 14. Food binging | P | C | 45. Gambling Behavior | P | C |
| 15. Food purging | P | C | 46. Anger | P | C |
| 16. Body Image concerns | P | C | 47. Nightmares | P | C |
| 17. Anorexia | P | C | 48. Irritability | P | C |
| 18. Overeating | P | C | 49. Panic Attacks | P | C |
| 19. Chest Pains | P | C | 50. Obsessive Thoughts | P | C |
| 20. Breathing problems | P | C | 51. Compulsive Behavior | P | C |
| 21. Concentration Issues | P | C | 52. Phobia(s) | P | C |
| 22. Heart Palpitations | P | C | 53. Social Anxiety | P | C |
| 23. Poor Memory | P | C | 54. Stuttering | P | C |
| 24. PMS | P | C | 55. Feeling Withdrawn | P | C |
| 25. Vision problems | P | C | 56. Dizziness | P | C |
| 26. Hearing problems | P | C | 57. Confusion | P | C |
| 27. Increased Sweating | P | C | 58. Increased Smoking | P | C |
| 28. Feeling of Sadness | P | C | 59. Inc. Alcohol/drug Use | P | C |
| 29. Desire to Cry | P | C | 60. Hives | P | C |
| 30. Feel Restless/Trapped | P | C | 61. Nausea | P | C |
| 31. Feeling Fearful | P | C | | | |

Please list family members who have struggled with psychological issues. Name diagnosis or describe symptoms. _____

I authorize Dr. Colby Srsic to release/exchange treatment information with the physician named above to facilitate my treatment and/or coordinate care. I understand that all parties will maintain professional confidentiality regarding the exchange of information.

Signature

Date